

## SRI MA SCHOOL OF YOGA - REGISTRATION FORM

Date: \_\_\_\_\_

Name:		DoB:
Address:		Postcode:
Email Address:		Mobile:
Occupation:		
How did you find out about Sri Ma School	Website: <input type="checkbox"/> Flyer: <input type="checkbox"/> Find Yoga: <input type="checkbox"/> Yellow pages: <input type="checkbox"/> Friends: <input type="checkbox"/> Other: _____	
Yoga Course enrolled in	Level I <input type="checkbox"/> Level II <input type="checkbox"/> Level III <input type="checkbox"/> Workshops <input type="checkbox"/> _____	
Please indicate if you have any medical issues including injuries and surgeries:		
Are you taking any medication regularly? (The stimulus your endocrine receives during practice of some of the Yoga asana (postures) may mean that you will require a decreased dosage of some medications, but please check with your doctor first.) Please List your Medications :		
Have you done yoga before? If yes, what type and how long?		
What do you hope to gain from your practice of Yoga?		
<p><b>PLEASE READ CAREFULLY:</b>                  Your teacher should be informed, BEFORE THE CLASS, PREFERABLY EARLIER BY PHONE, of any recent injury, illness, surgery or commencement of pregnancy. Yoga is safe and beneficial when practiced CONSCIENTIOUSLY AND CONSCIOUSLY. Every possible care will be taken by your teacher to ensure your well-being and safety, but they cannot be responsible for improper practice at any time. As a student of Yoga it is important that you realize your responsibility to yourself; therefore it is necessary to sign the following.</p> <p><b>AGREEMENT:</b>                  I understand that the instructions given throughout classes are intended only as guidance. It is therefore my own responsibility to adjust my practice according to my limitations to ensure that no personal injury occurs. I hereby declare that I take full responsibility for myself during the classes. I also understand the importance of correct guidance and undertake not to pass on nor teach any of the Yoga and other techniques taught in class, without full understanding of the proper use of Yoga.</p>		
Signed : _____		Date: _____

### SRI MA SCHOOL OF YOGA AUSTRALIA

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